

## 2026 First Choice VIP Care SC

### 2026 Step Therapy Criteria

CURRENT AS OF 05/01/2026

## anticonvulsant step therapy

---

### Products Affected

- *levetiracetam tablet disintegrating soluble 250 mg oral*
- *levetiracetam tablet disintegrating soluble 500 mg oral*
- *perampanel suspension 0.5 mg/ml oral*
- *perampanel tablet 10 mg oral*
- *perampanel tablet 12 mg oral*
- *perampanel tablet 2 mg oral*
- *perampanel tablet 4 mg oral*
- *perampanel tablet 6 mg oral*
- *perampanel tablet 8 mg oral*
- SPRITAM TABLET DISINTEGRATING SOLUBLE 250 MG ORAL
- SPRITAM TABLET DISINTEGRATING SOLUBLE 500 MG ORAL
- SYMPAZAN FILM 10 MG ORAL
- SYMPAZAN FILM 20 MG ORAL
- SYMPAZAN FILM 5 MG ORAL
- XCOPRI (250 MG DAILY DOSE) TABLET THERAPY PACK 100 & 150 MG ORAL
- XCOPRI (350 MG DAILY DOSE) TABLET THERAPY PACK 150 & 200 MG ORAL
- XCOPRI TABLET 100 MG ORAL
- XCOPRI TABLET 150 MG ORAL
- XCOPRI TABLET 200 MG ORAL
- XCOPRI TABLET 25 MG ORAL
- XCOPRI TABLET 50 MG ORAL
- XCOPRI TABLET THERAPY PACK 14 X 12.5 MG & 14 X 25 MG ORAL
- XCOPRI TABLET THERAPY PACK 14 X 150 MG & 14 X200 MG ORAL
- XCOPRI TABLET THERAPY PACK 14 X 50 MG & 14 X100 MG ORAL
- ZONISADE SUSPENSION 100 MG/5ML ORAL

### Details

---

Criteria	
	Step 1: First line therapy should be a documented trial, failure, or contraindication of two generic anticonvulsants. Step 2: Once two generic anticonvulsants have been tried, failed, or contraindicated patients can receive therapy with Spritam, Sympazan, Xcopri, generic perampanel or Zonisade oral solution.

---

# antidepressant step therapy

---

## Products Affected

- EXXUA TABLET EXTENDED  
RELEASE 24 HOUR 18.2 MG ORAL
- EXXUA TABLET EXTENDED  
RELEASE 24 HOUR 36.3 MG ORAL
- EXXUA TABLET EXTENDED  
RELEASE 24 HOUR 54.5 MG ORAL
- EXXUA TABLET EXTENDED  
RELEASE 24 HOUR 72.6 MG ORAL
- EXXUA TITRATION PACK TABLET  
EXTENDED RELEASE 24 HOUR 18.2  
MG ORAL
- FETZIMA CAPSULE EXTENDED  
RELEASE 24 HOUR 120 MG ORAL
- FETZIMA CAPSULE EXTENDED  
RELEASE 24 HOUR 20 MG ORAL
- FETZIMA CAPSULE EXTENDED  
RELEASE 24 HOUR 40 MG ORAL
- FETZIMA CAPSULE EXTENDED  
RELEASE 24 HOUR 80 MG ORAL
- FETZIMA TITRATION CAPSULE ER  
24 HOUR THERAPY PACK 20 & 40 MG  
ORAL

## Details

<b>Criteria</b>	Step 1: First line therapy should be a documented trial, failure, or contraindication of two generic antidepressants. Step 2: Once two generic antidepressants have been tried, failed, or contraindicated patient can receive therapy with Fetzima or Exxua.
-----------------	---

# brinzolamide and dorzolamide-timolol PF step therapy

---

## Products Affected

- *brinzolamide suspension 1 % ophthalmic*
- *dorzolamide hcl-timolol mal pf solution 2-0.5 % ophthalmic*

## Details

---

<b>Criteria</b>	Step 1: First line therapy should be a documented trial, failure, or contraindication of formulary dorzolamide or dorzolamide/timolol ophthalmic solution. Step 2: Once dorzolamide or dorzolamide/timolol ophthalmic solution has been tried, failed, or contraindicated the patient can receive therapy with brinzolamide or Dorzolamide-Timolol PF Ophthalmic Solution.
-----------------	--

---

# drizalma step therapy

---

## Products Affected

- DRIZALMA SPRINKLE CAPSULE  
DELAYED RELEASE SPRINKLE 20  
MG ORAL
- DRIZALMA SPRINKLE CAPSULE  
DELAYED RELEASE SPRINKLE 30  
MG ORAL
- DRIZALMA SPRINKLE CAPSULE  
DELAYED RELEASE SPRINKLE 40  
MG ORAL
- DRIZALMA SPRINKLE CAPSULE  
DELAYED RELEASE SPRINKLE 60  
MG ORAL

## Details

---

<b>Criteria</b>	Step 1: First line therapy should be a documented trial, failure, or contraindication of generic formulary duloxetine. Step 2: Once generic formulary duloxetine has been tried, failed, or contraindicated the patient can receive therapy with drizalma.
-----------------	--

---

# febuxostat step therapy

---

## Products Affected

- *febuxostat tablet 40 mg oral*
- *febuxostat tablet 80 mg oral*

## Details

---

<b>Criteria</b>	Step 1: First line therapy should be a documented trial, failure, or contraindication of allopurinol tablet. Step 2: Once allopurinol tablet has been tried, failed, or contraindicated patients can receive therapy with Febuxostat.
-----------------	---

# netarsudil step therapy

---

## Products Affected

- RHOPRESSA SOLUTION 0.02 %  
OPHTHALMIC
- ROCKLATAN SOLUTION 0.02-0.005 %  
OPHTHALMIC

## Details

<b>Criteria</b>	Step 1: First line therapy should be a documented trial, failure, or contraindication of latanoprost or travoprost. Step 2: Once latanoprost or travoprost has been tried, failed, or contraindicated patients can receive therapy with Rhopressa or Rocklatan.
-----------------	---

# ongentys step therapy

---

## Products Affected

- ONGENTYS CAPSULE 25 MG ORAL
- ONGENTYS CAPSULE 50 MG ORAL

## Details

<b>Criteria</b>	Step 1: First line therapy should be a documented trial, failure, or contraindication of entacapone or carbidopa-levodopa-entacapone. Step 2: Once entacapone or carbidopa-levodopa-entacapone has been tried, failed, or contraindicated patients can receive therapy with Ongentys.
-----------------	---

# savella step therapy

---

## Products Affected

- SAVELLA TABLET 100 MG ORAL
- SAVELLA TABLET 12.5 MG ORAL
- SAVELLA TABLET 25 MG ORAL
- SAVELLA TABLET 50 MG ORAL
- SAVELLA TITRATION PACK 12.5 & 25 & 50 MG ORAL

## Details

<b>Criteria</b>	Step 1: First line therapy should be a documented trial, failure, or contraindication to duloxetine, milnacipran or pregabalin. Step 2: Once duloxetine, milnacipran or pregabalin has been tried, failed or contraindicated patients can receive therapy with Savella.
-----------------	---

# topical immunomodulators step therapy

---

## Products Affected

- *pimecrolimus cream 1 % external*
- *tacrolimus ointment 0.03 % external*
- *tacrolimus ointment 0.1 % external*

## Details

---

<b>Criteria</b>	Step 1: First line therapy should be a documented trial, failure, or contraindication of two topical corticosteroids. Step 2: Once two topical corticosteroids have been tried, failed, or contraindicated patients can receive therapy with generic pimecrolimus or generic topical tacrolimus.
-----------------	--

---

# urinary incontinence agents step therapy

---

## Products Affected

- *darifenacin hydrobromide er tablet extended release 24 hour 15 mg oral*
- *darifenacin hydrobromide er tablet extended release 24 hour 7.5 mg oral*
- *trospium chloride er capsule extended release 24 hour 60 mg oral*

## Details

<b>Criteria</b>	Step 1: First line therapy should be a documented trial, failure or contraindication of 2 of the following: oxybutynin, oxybutynin ER, trospium, tolterodine, tolterodine ER, fesoterodine ER, or solifenacin. Step 2: Once two of the medications listed in Step 1 have been tried, failed, or contraindicated, patients can receive therapy with trospium ER or darifenacin ER
-----------------	---

# xhance

---

## Products Affected

- XHANCE EXHALER SUSPENSION 93 MCG/ACT NASAL

## Details

<b>Criteria</b>	Step 1: First line therapy should be a documented trial, failure, or contraindication of generic fluticasone or mometasone nasal spray. Step 2: Once generic fluticasone or mometasone nasal spray have been tried, failed, or contraindicated patients can receive therapy with Xhance.
-----------------	--

## Index

### B

brinzolamide suspension 1 % ophthalmic... 3

### D

darifenacin hydrobromide er tablet extended release 24 hour 15 mg oral..... 10

darifenacin hydrobromide er tablet extended release 24 hour 7.5 mg oral..... 10

dorzolamide hcl-timolol mal pf solution 2-0.5 % ophthalmic ..... 3

DRIZALMA SPRINKLE CAPSULE  
DELAYED RELEASE SPRINKLE 20  
MG ORAL ..... 4

DRIZALMA SPRINKLE CAPSULE  
DELAYED RELEASE SPRINKLE 30  
MG ORAL ..... 4

DRIZALMA SPRINKLE CAPSULE  
DELAYED RELEASE SPRINKLE 40  
MG ORAL ..... 4

DRIZALMA SPRINKLE CAPSULE  
DELAYED RELEASE SPRINKLE 60  
MG ORAL ..... 4

### E

EXXUA TABLET EXTENDED RELEASE  
24 HOUR 18.2 MG ORAL..... 2

EXXUA TABLET EXTENDED RELEASE  
24 HOUR 36.3 MG ORAL..... 2

EXXUA TABLET EXTENDED RELEASE  
24 HOUR 54.5 MG ORAL..... 2

EXXUA TABLET EXTENDED RELEASE  
24 HOUR 72.6 MG ORAL..... 2

EXXUA TITRATION PACK TABLET  
EXTENDED RELEASE 24 HOUR 18.2  
MG ORAL ..... 2

### F

febuxostat tablet 40 mg oral..... 5

febuxostat tablet 80 mg oral..... 5

FETZIMA CAPSULE EXTENDED  
RELEASE 24 HOUR 120 MG ORAL ... 2

FETZIMA CAPSULE EXTENDED  
RELEASE 24 HOUR 20 MG ORAL ..... 2

FETZIMA CAPSULE EXTENDED  
RELEASE 24 HOUR 40 MG ORAL ..... 2

FETZIMA CAPSULE EXTENDED  
RELEASE 24 HOUR 80 MG ORAL ..... 2

FETZIMA TITRATION CAPSULE ER 24  
HOUR THERAPY PACK 20 & 40 MG  
ORAL..... 2

### L

levetiracetam tablet disintegrating soluble  
250 mg oral ..... 1

levetiracetam tablet disintegrating soluble  
500 mg oral ..... 1

### O

ONGENTYS CAPSULE 25 MG ORAL.... 7

ONGENTYS CAPSULE 50 MG ORAL.... 7

### P

perampanel suspension 0.5 mg/ml oral..... 1

perampanel tablet 10 mg oral..... 1

perampanel tablet 12 mg oral..... 1

perampanel tablet 2 mg oral..... 1

perampanel tablet 4 mg oral..... 1

perampanel tablet 6 mg oral..... 1

perampanel tablet 8 mg oral..... 1

pimecrolimus cream 1 % external..... 9

### R

RHOPRESSA SOLUTION 0.02 %  
OPHTHALMIC ..... 6

ROCKLATAN SOLUTION 0.02-0.005 %  
OPHTHALMIC ..... 6

### S

SAVELLA TABLET 100 MG ORAL..... 8

SAVELLA TABLET 12.5 MG ORAL..... 8

SAVELLA TABLET 25 MG ORAL..... 8

SAVELLA TABLET 50 MG ORAL..... 8

SAVELLA TITRATION PACK 12.5 & 25  
& 50 MG ORAL ..... 8

SPRITAM TABLET DISINTEGRATING  
SOLUBLE 250 MG ORAL ..... 1

SPRITAM TABLET DISINTEGRATING  
SOLUBLE 500 MG ORAL ..... 1

SYMPAZAN FILM 10 MG ORAL..... 1

SYMPAZAN FILM 20 MG ORAL..... 1

SYMPAZAN FILM 5 MG ORAL..... 1

### T

tacrolimus ointment 0.03 % external ..... 9

tacrolimus ointment 0.1 % external ..... 9

tropium chloride er capsule extended  
release 24 hour 60 mg oral..... 10

**X**

XCOPRI (250 MG DAILY DOSE)  
TABLET THERAPY PACK 100 & 150  
MG ORAL ..... 1  
XCOPRI (350 MG DAILY DOSE)  
TABLET THERAPY PACK 150 & 200  
MG ORAL ..... 1  
XCOPRI TABLET 100 MG ORAL ..... 1  
XCOPRI TABLET 150 MG ORAL ..... 1  
XCOPRI TABLET 200 MG ORAL ..... 1  
XCOPRI TABLET 25 MG ORAL ..... 1  
XCOPRI TABLET 50 MG ORAL ..... 1

XCOPRI TABLET THERAPY PACK 14 X  
12.5 MG & 14 X 25 MG ORAL..... 1  
XCOPRI TABLET THERAPY PACK 14 X  
150 MG & 14 X200 MG ORAL..... 1  
XCOPRI TABLET THERAPY PACK 14 X  
50 MG & 14 X100 MG ORAL..... 1  
XHANCE EXHALER SUSPENSION 93  
MCG/ACT NASAL ..... 11  
**Z**  
ZONISADE SUSPENSION 100 MG/5ML  
ORAL..... 1